



**West Glamorgan
Carers Liaison Forum**

Cost of Living Support for Carers in Swansea

Fuel Poverty Project

Swansea Carers Centre offers advice & information on energy efficiency and where possible, help maximise household income and reduce debts through benefits checks. Call 01792 653344 for more information.

Benefits and Financial Support

Get a benefits check to ensure you receive what you're entitled to. Swansea Carers Centre can help with advice on how to do this. Call **01792 653344** or email **admin@swansecarerscentre.org.uk**

Fuel Support Scheme 2022-2023

Eligible households can claim a one-off £200 payment to provide support towards paying their winter fuel bills. All applications must be received before 28th February 2023.

www.swansea.gov.uk/article/17882/Welsh-Government-Fuel-Support-Scheme-202223

Welsh Water

Welsh Water has a number of ways they may be able to help you and make your bills more affordable. Contact them on **0800 0520145**

NEST Wales

Free, impartial advice and, if you are eligible, a package of free home efficiency improvements

Contact them on **0808 8082244**

Carers Support Fund

The Carers Support Fund provides a grant of up to £300 to support unpaid carers who are experiencing financial hardship. Visit

www.swansecarerscentre.org.uk, call **01792 653344** or email **admin@swansecarerscentre.org.uk**

Useful links and phone numbers

Swansea Carers Centre

✉ admin@swanseacarerscentre.org.uk

☎ 01792 653344

🌐 www.swanseacarerscentre.org.uk

Swansea Young Carers Service

✉ egija@ymcaswansea.org.uk

☎ 01792 652032

🌐 www.ymcaswansea.org.uk/young-carers-service

Carers UK

✉ advice@carersuk.org

☎ 0808 808 7777

🌐 www.carersuk.org/help-and-advice

Citizens Advice

🌐 www.citizensadvicesnpt.org.uk

☎ 0808 278 7926

✉ help@citizensadvicesnpt.org.uk

Swansea Council Cost of Living Help webpage

🌐 www.swansea.gov.uk/costoflivinghelp

Welsh Government Cost of Living Help webpage

🌐 www.gov.wales/help-cost-living

Warm Hubs

🌐 www.swansea.gov.uk/swanseaspaces



For more advice and information on the Cost of Living, scan the above QR code or visit www.nptcvs.wales/carers